

WHAT MAKES IT HARD TO LEAVE?

- I hope that my partner will stop being abusive.
- I feel I have no safe place to go
- I am fearful of reprisals from my abuser
- I have children/pets that make it harder to find housing
- I have concerns about my finances/unemployment
- I am afraid of being alone
- I (or others close to me) see divorce as shameful
- I fear the police will not help me
- I fear calling the police will make things worse
- I feel no one will come to my aid
- I feel responsible for the abuse "If only I had not...."
- I fear the threats of taking the children will come true
- I fear my abuser will retaliate on the children
- I fear religious, family and social pressures if I leave
- I am unsure/unaware of community and other resources available
- I feel all children should be raised by two parents
- I feel I have no control over my own life
- I view the violent outbursts as isolated incidents
- I fear for the safety of those who would help me
- I blame myself for the abuse
- I believe that they love me, and didn't mean it
- I feel it is safer to stay rather than face the unknown
- I feel that there is a lack of understanding/support by professionals or other people I could ask for help

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