



A United Way  
Peterborough  
member agency



Moving into the holiday season I always pause, reflect on the year past and consider the year to come. CCRC has gone through a number of changes this past year and we continue to look ahead to new opportunities.

Our Housing Resource Centre has undergone some changes and allowed us to focus on our core work of eviction prevention and housing retention. In partnership with CMHA and OneCity we also recently launched a new program to help those involved in Housing Unit Takeovers. We know people who find themselves in these situations are some of our community's most vulnerable residents and need specialized support. We are thankful to have received funding from Reaching Home through the United Way of Peterborough for their generous support for this project.

Our Professional Counselling program has also grown this past year. We expanded our counselling to Northumberland County, thanks to the Northumberland United Way, received specialized funding for men who have experienced sexual harm from the Ministry of Children Community and Social Services and most recently, thanks to the City of Peterborough, launched a one year pilot to support those on Ontario Works and the Ontario Disability Support Program. These funding opportunities have allowed us to connect with people who have been waiting, in some cases over a year, for counselling. When they were finally called with an appointment, many cried with gratitude as they so desperately needed support.

We are thrilled to have the opportunity to increase our services to more people than ever in all our program areas. Despite that, the need continues to exceed our capacity, just like in many other worthy organizations in our community. If you are in a position to help, please consider supporting the work of a charity, to ensure as many of our friends, family and neighbours have access to the services they need.

**Kirsten Armbrust - Executive Director**

## Service Updates



Our Housing Resource Centre is offering RentSmart Certification courses both online and in-person. Contact us for more info



Our Professional Counselling program is now serving clients in both Peterborough and Northumberland County.



Our Community Service Orders program is available for in-person appointments, by text, email or phone.



**705-743-2272**

**1-800-274-1611**



**304%**

Increase in requests for housing help since June 2022

## Congratulations!

Congratulations to Kim Hamilton and Sandy Garvey from our Finance and Administrative team who retired in October and July 2022 respectively. We are sad to see them go but wish them the best in their retirement!

CCRC is pleased to welcome Humay Narimanova as CCRC's new Payroll and AP Coordinator.



**500+**

Requests for counselling services since June 2022



## Professional Counselling

Thanks to funding from the City of Peterborough, CCRC is thrilled to introduce a 1-year pilot Professional Counselling program to offer counselling to those receiving support from ODSP and OW. We would also like to welcome Laura Geffert to the Professional Counselling team.



**100**

Households at risk of losing housing received support since June 2022

## Housing Resource Centre

CCRC is excited to launch "Finding Home", a new program in collaboration with CMHA and One City that provides wraparound services to anyone involved in a Housing Unit Takeover (HUT). HUTs occur when tenants' accommodations are at risk because unsheltered folks have overstayed their welcome, and can pose many risks to tenancies.

HRC would like to welcome Kristina Thirlwell, Housing Counsellor to the HRC team, and Laura Greenwood to her new interim role as Housing Help Clinic Coordinator.



## Follow us on Social Media

 @CCRC.Peterborough  
 @CCRC\_Ptbo  
 @ccrc\_ptbo



## Housing Help Clinic

HRC's Housing Help Clinic is available to anyone in Peterborough City and County who is having a problem with their housing. Drop-In services are available Monday to Friday from 9:00 - 12:00 and 1:00 - 4:00 at 540 George St. North.

HRC is on Instagram!



## Housing for Ukrainians

CCRC has partnered with the New Canadians Centre of Peterborough to help find housing for families and individuals arriving from Ukraine.

Visit [www.ccrcc-ptbo.com/home-together/ukraine/](http://www.ccrcc-ptbo.com/home-together/ukraine/) for more information.

## Employee Assistance Program

CCRC is proud to be a partner in the national network of Family Services Employee Assistance Programs (FSEAP). If you are an employee working in an organization covered by our EAP services and would like more information or to arrange counselling, please call 705-743-2272 ext 308 or 1-800-274-1611.

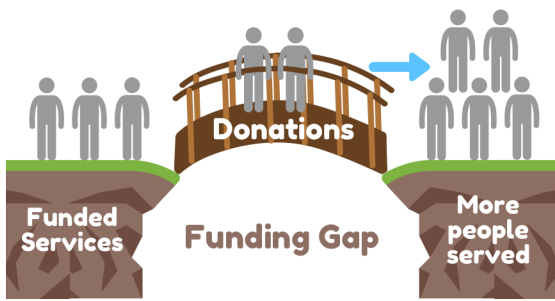


## Workshops & Groups

CCRC is offering the following counselling groups on an ongoing basis:

- Healing from Within,
- Caring for the Caregiver
- Re-Defining Me.

For more info about our upcoming groups or workshops, please call 1-800-274-1611 ext 308



General donations to CCRC help close this gap so more people can get the help they need.

To make a donation, please visit our website: [ccrc-ptbo.com](http://ccrc-ptbo.com) and click on the 'Donate Today' button.

# How you can help

## Donate Online

Through the Donate button on our website: [ccrc-ptbo.com](http://ccrc-ptbo.com)



# grateful

CCRC is grateful for the \$1000 donation from the Grant Thornton Foundation in recognition of World Mental Health day.

Thank you to Grant Thornton LLP Peterborough for the nomination!



## Mail a Cheque

We accept donations by cheque at CCRC 540 George St N Ptbo., ON K9H 3S2



Thank you to the Community Foundation of Greater Peterborough (CFGP) for the \$1000 Vital Community Grant!

CFGP's Vital Community Fund supports charities in the City and County of Peterborough like CCRC to help address our community's top priorities.



## Spread the word

Tell people about CCRC, how we help, and share our posts on social media



This year, CCRC was awarded a \$104,200 Resilient Communities Fund grant from the Ontario Trillium Foundation. With these funds, we will rebuild and recover from impacts of COVID-19 by working with a fundraising firm to develop a new fundraising strategy and plan to create new, sustainable revenue.

Thank you



to all of our funders and donors for investing in a better tomorrow for all!