



A United Way
Peterborough
member agency



With the holiday season fast approaching we are bombarded by messaging in the media about gifts to buy, special meals to cook and activities to participate in. This time of year, perhaps more than any other, serves as a stark reminder of the different experiences members of our community have. While some may be out shopping with plans for lavish gifts and big meals, others are wondering how they will pay their rent this month, or if they have enough money for groceries. Some may be planning gatherings with family and friends. Others are experiencing relationship break downs, coping with trauma or facing a holiday season isolated and alone.

At CCRC we see this every day with the clients we are privileged to serve. As the pandemic continues these differences are more extreme than ever. Lay-offs, lack of childcare and reduced informal supports mean that those who 'got by' previously may no longer be able to do so. At CCRC we do what we can to help our clients through their challenges.

Whether it's helping someone with a housing search, accessing emergency funds to prevent evictions or working with someone to develop tools to cope with a difficult personal situation our staff are here to help. With more need than capacity we are continuing to look for creative ways to adapt and expand our services. This holiday season consider if you can support us in our efforts to reach as many clients as possible.

Thank you and please take a look at the rest of the newsletter to read about our updates!

Kirsten Armbrust - Executive Director

PS - Did you know you can make a donation to CCRC in someone's name in place of a holiday gift? Simply click on the 'donate' tab on our website, then choose 'In honor of' OR email sbass@ccrc-ptbo.com with the details of the gift by December 17th and she'll get that set up for you.

Service Updates



Our Housing Resource Centre is offering a drop-in Housing Help Clinic in addition to services via phone, email, text, live chat through the website housingpeterborough.com



Our Professional Counselling program has moved to 540 George St. N., and is offering a blend of in-person and remote services



Our Community Service Orders program is available for in-person appointments, by text, email or phone.



705-743-2272



200+

Requests for counselling services since April 2021



36

Payments toward utility arrears to avoid disconnection since April 2021



56

Evictions prevented since April 2021

Follow us on Social Media

@CCRC.Peterborough
@CCRC_Ptbo
@ccrc_ptbo

Jukebox Mania

Our Jukebox Mania committee is planning for JBM 2022. Will it be in-person? Will it be virtual? We're in the midst of sorting that out. What we do know, is it will be awesome! Subscribe to our Newsletter to keep on top of what's happening with JBM.



Professional Counselling

Many people in the Peterborough area are experiencing systemic pandemic-related stress, financial stress, anxiety, relationship issues, loss, and poverty. Professional counselling at CCRC continues to assist those faced with these stressors by developing and providing services catered to those seeking help.

Housing Resource Centre

On top of other challenges at this time of the year, loss of pandemic-related supports and low vacancies have left many unable to pay their rent, utilities, or simply find a place to live. HRC's programs are providing support through emergency financial assistance, building housing-search portfolios, and landlord mediation to prevent eviction and homelessness.



Caring for the Caregiver
Our support group for caregivers is currently open for ongoing registration.
For more information on any of our groups, please call 705-743-2272 ext 308



Housing Help Clinic

We are pleased to once again offer our Housing Help Clinic to people in Peterborough City and County. The clinic will be held at 540 George St. N. Monday to Friday from 9:30 - 11:30 and 1:00 - 4:00.



New Workshops

While donations and grants help us provide professional counselling services to those on our waitlist, we have gotten creative to help those who have to wait. CCRC is introducing workshop groups for those waiting for individual professional counselling services. These sessions aren't meant to replace individual therapy, but they are meant to give people more tools to cope while they wait. These sessions are possible because of donations.

All CCRC programs and services are operating at 540 George St. N. Please call 705-743-2272 or email ccrc-ptbo.com to reach any of our programs.

Giving Back

We were thrilled to deliver care packages assembled by one of our Community Services Orders clients to One Roof Community Centre for distribution in our community. Our CSO program is actively looking for community partners, so if you have a project - please email our CSO Coordinator at cso@ccrc-ptbo.com.



Basement Renovation

Thanks to a family foundation grant, we were able to renovate our downstairs meeting space at 540 George St. into a safe, updated place to gather for meetings and for future group sessions.



General donations to CCRC help close this gap so more people can get the help they need. To make a donation, please visit our website: ccrc-ptbo.com and click on the 'Donate Today' button.

grateful

- Thank you to the Ontario Trillium Foundation for a \$55,900 Resilient Communities Fund grant. With the grant, the CCRC will rebuild and recover from impacts of COVID-19 by hiring a full-time intake worker as well as purchasing a laptop, telephone, and program supplies to restore the capacity of the Housing Help Clinic in a COVID-safe manner.
- Through the United Way Homelessness Prevention Flex Fund, the CCRC has been provided \$56,855 to help with rent arrears preventing evictions, and to furnish and supply homes.
- This fall, thanks to a Pinnguaq grant funded by the Government of Canada under Digital Skills for Youth, we were able to hire an Administrative and Communications Assistant Intern to provide support with the CCRC's communications and fundraising initiatives.



Thank you to all of our funders and donors for investing in a better tomorrow for all!



A big thank you to Olivia Kunzel, who held a bookmark fundraiser in April. She donated 100% of bookmark sales from her Instagram art page @olivialeighwithlove, raising \$507 for HRC's Emergency Assistance Fund.

How you can help

Donate

Simply click on the Donate button on our website: ccrc-ptbo.com or you can also mail a cheque to CCRC 540 George St N Ptbo., ON K9H 3S2

Spread the word

Share our posts on Social Media, and tell people how we can help.

Donations in lieu of gifts

For the person who has everything. Consider making a donation in place of a gift for the holidays. We're happy to send a holiday card to the recipient.