

Peaceful Families - Virtual Group



Group is for Women and Children who have Witnessed or Experienced Violence in the Home.

Group will be offered for women and children (ages 8-12). There is no cost for the groups.

Children will meet 1 hr daily over the April school break. Moms will meet on Tuesdays for 2 hrs for the following 3 weeks.

Topics for children's group:

- ❖ Identifying & expressing feelings
- ❖ Changes in Families
- ❖ Safety
- ❖ Self-Esteem
- ❖ Understanding/defining abuse

Topics for Mother's group:

- ◆ Impact of violence on children
- ◆ Parenting
- ◆ Personal safety for children
- ◆ Self Esteem and self-care

Children's Group:

April 12th-16th 9:30-10:30 am

Mom's Group:

Tuesday April 20th & 27th 1-3pm and May 4th from 1-3pm.

For more information or to register please call
CCRC at (705) 742-4258 x 217

