



# COMMUNITY SERVICE ORDER NETWORKER

'Open your doors by helping adults and youths build confidence and skills'

January – 2006

## Health and Happiness in 2006!



Thanks to all community partners who worked with our clients in 2005 to help them build skills, confidence and respect for themselves and their community. It was an eventful year as we collaborated with the John Howard Society of Peterborough on a youth proposal, created the CSO Networker and started to explore the development of more employment-focused placements, an incentive system, and the possibility of a community forum.

### New placements in 2005:

- Artspace
- Blankets for Canada
- Employment Planning and Counselling
- Festival of Lights
- Fleming Varsity Hockey
- Kairos
- Kawartha Food Share
- Kawartha Village Coop
- Lakefield Legion
- Leta Branscombe
- Lorne Eakins Hockey School
- Market Hall
- Millbrook Valley Trails
- Peterborough Centre for Individual Studies
- Peterborough Folk Festival
- Schizophrenic Society

## Year End Statistical Report

### CLIENTS

	ADULT	YOUTH	TOTAL
REFERRALS	233	90	323
COMPLETED	176	48	224
TRANSFERRED/INCOMPLETE	34	18	52
CHARGED	16	4	20
ACTIVE AT YEAR END	135	77	212

### HOURS

	ADULT	YOUTH	TOTAL
TOTAL HOURS ORDERED	13702	4435	18137
TOTAL HOURS COMPLETED	11143	3274	14353
RANGE OF HOURS ORDERED	2 - 240	20 - 120	2 - 240

### TYPES OF CHARGES

*CHARGES	ADULT
THEFT UNDER	47
FAIL TO COMPLY WITH UNDERTAKING	45
ASSAULT	36
ALL OTHER OFFENCES	254
# OF CLIENTS WITH MULTIPLE CHARGES	86
RANGE OF MULTIPLE OFFENCES	2 - 12
*CHARGES	YOUTH
FAIL TO COMPLY WITH YCJA	46
FAIL TO COMPLY WITH UNDERTAKING	35
THEFT UNDER	26
ALL OTHER OFFENCES	109
# OF CLIENTS WITH MULTIPLE CHARGES	53
RANGE OF MULTIPLE CHARGES	2 - 8

*\* Charges were ranked in terms of the top three offences for each client group and then all other charges were totaled.*

### Community Service Order Program

229 King Street

Peterborough, ON

K9J 2R8

Phone: Joanne Fulford, Program Manager (705) 743-6376

Shelley Giardino, Case Coordinator (705) 743-4485

Fax: 742-3015

Website: [www.ccrcc-ptbo.com](http://www.ccrcc-ptbo.com)

E-mail: [csopeterboro@yahoo.ca](mailto:csopeterboro@yahoo.ca)

Thank you for your support!

*If you know of any non-profit organizations that could benefit from the help of our clients within their agency or for special events or projects, please contact us.*

The CSO Networker is a newsletter of the Community Service Order Program of Community Counselling and Resource Centre. This program provides assessment, placement and supervision of adults and youths in conflict with the law in completing court-ordered community service hours within non-profit & tax-supported organizations. Through this newsletter, the CSO program will communicate with our 'placement agencies' (the groups & organizations that provide placements for CSO clients) about the program and what is happening within the placement agencies. Watch for this newsletter quarterly in January, April, July and October. Submissions with regard to placement services or events are welcome by contacting Shelley Giardino or Joanne Fulford by phone, fax or email. Please feel free to also share any success stories that you may have had through partnering with our Program.

## Asperger's Syndrome

### *What the disorder all about....*

In 1944, a physician named Hans Aspergers wrote a paper that described the behaviour of several young boys who had regular intelligence and language skills but also had autistic like characteristics. It was noticed that these boys had trouble in social and communication skills.

Even though Aspergers was recognized and publicized in 1944, it was not until 1994 that this disorder was added to the DSM IV and only for the past couple of years that doctors and parents have recognized Aspergers.

A person with Aspergers often has social difficulties and has a hard time with change. They may also have obsessive routines that may be related to a particular subject or interest. It is also common for a person with this disorder to have difficulty reading body language and it is very common to have problems judging proper body space. Many people with this disorder have overly attuned senses, smell, sight, and taste.

It is very important to realize that a person with Aspergers Syndrome sees the world from a whole different perspective so that some actions or gestures may seem weird, rude, or just plain bad behaviour. Parents of these children may blame it on bad parenting, but that is usually not the case.

It is known that a person with this disorder has a normal IQ but may excel in a certain subject. Due to what is portrayed as strange behaviour, young people with Aspergers often become victims of bullying. People with Aspergers often have an extensive vocabulary but are very literal and have trouble talking in a social manner.

Presently, there is a big disagreement about where Aspergers fits today as it is considered an autism spectrum disorder. Some doctors think Aspergers is the same as high functioning autism; other doctors think it's more like a nonverbal learning disability. Aspergers share some similarities with other disorders: PDD-NOS, HFA, and NLD and because of this people with the disorder are often misdiagnosed. Aspergers is also often confused with ADD and ADHD.

*Youth CSO Client*



*Remember, not all disabilities are visible!*

## Asperger's Syndrome

### *Symptoms and dealing with it...*

#### List of Symptoms

- Slow development of fine motor skill
- High attention span (stare into space with intense concentration)
- Social difficulties
- Good memory
- Often repeat words they have already said
- Difficulty reading body language
- Use few facial expressions
- Dislike change preferring a regular daily routine

While researching this article, I found that there are many ways to help cope with this disorder. A lot of little things that can make the world of difference.

- When you talk to someone with Aspergers, remember to keep the conversation as simple and related as possible.
- Usually a person with this disorder cannot take a straight yes or no, so give reasons for your answers or requests.
- Constantly remind and explain why they should look at you when you are talking to them.
- Give lots of encouragement and give lots of credit for achievements.
- Shorten the amount of time a day they spend doing their special activity to an hour or two.
- Get them to do things that involve taking turns on a regular basis.
- Before doing something that will interfere with their daily routine, let them know before so they can write it on a calendar.
- Try to keep any promises you make because, they will hold you to that promise.
- Changing of diet can be helpful

Medication such as Paxil, Prozac, or Zoloft may be offered to help with certain parts of the disorder such as the obsessive component. If you are unsure about something or want to know more, use the Internet because I found lots of information on the web about this topic.

*Youth CSO Client*



## ***Welcome Aboard!***

### **To our new 2006 Community Partners**

- ⊕ ***Centre for Individual Studies***
- ⊕ ***Kawartha Food Share***
- ⊕ ***Lorne Eakins Hockey School***
- ⊕ ***Fleming Varsity Hockey***

## Upcoming Placement Events:

**Peterborough Memorial Centre Hockey**  
call for more info 743-3561

Jan-20-06	Atom Tournament	10 AM - 8:30 PM
Jan-21 -06	Atom Tournament	7:30 AM - 4:30 PM
Jan-22-06	Atom Tournament	7 AM - 7:30 PM
Jan-21-06	Petes vs. Ottawa – Game #22	7:00 PM
Jan-26-06	Petes vs. Oshawa – Game #23	7:00 PM
Jan-28-06	PFSC Competition	9:00 AM 5:00 PM
Feb-2-06	Petes vs. Barrie – Game #24	7:00 PM
Feb-03-06	Minor/Midget AAA Tournament-PMHC	9:00 AM 5:00 PM
Feb-04-06	Minor/Midget AAA Tournament-PMHC	12:00 PM
Feb-05-06	Minor/Midget AAA Tournament-PMHC	8:00 AM
Feb-4-06	Petes vs. Sudbury – Game #25	7:00 PM
Feb-9-06	Petes vs. Saginaw – Game #26	7:00 PM
Feb-10-06	Lakefield College vs Trinity College	11 AM - 5 PM
Feb-10-06	Tyke Tournament	5 PM - 9 PM
Feb-11-06	Tyke Tournament	7 AM - 5 PM
Feb-12-06	Tyke Tournament	7 AM - 3 PM
Feb-11-06	Petes vs. Toronto St. Mike's – Game #27	7:00 PM
Feb-16-06	Petes vs. Kingston	7:00 PM
Feb-20-06	Home Hardware Trade Show	ALL DAY
Feb-23-06	Petes vs. Guelph – Game # 29	7:00 PM
Feb-24-06	Currie Tire Tournament	TBA
Feb-25-06	Currie Tire Tournament	TBA
Feb-25-06	Petes vs. Mississauga – Game #30	7:00 PM
Mar-2-06	Petes vs. London – Game #31	7:00 PM
Mar-4-06	Petes vs. Sudbury – Game #32	7:00 PM
Mar-9-06	Petes vs. Ottawa – Game #33	7:00 PM

## Upcoming Placement Events:

**Community Care Blood Pressure Clinic**  
**January 18, 2006 - 9:00 a.m. and noon,**  
St. Giles Seniors Residence, 775 Park Street South.  
No appointment is necessary.

**Community Care Seminar Series 2006**  
**With Peter Lilloco, B.A., L.L.B.**  
**For more information, call 742-7067**

**2:00 p.m- 3:00 p.m.**  
**Royal Gardens, 1160 Clonsilla Avenue.**

**February 22, 2006 - "The Intelligent Inheritance"**

**March 29, 2006 - "Family Affairs"**

**April 26, 2006 - "Death and Taxes"**

**Peterborough Memorial Centre**  
**Call for more info 743-3561**

March 17 – 19, 2006 Home Show  
March 25, 2006 – PSFC Carnival  
Apr 21 – 23, 2006 – Hand of Man

*Is your organization having a special event, fundraiser, silent auction or anything else that you would like the community to know about? Please submit the information to Shelley Giardino, Case Coordinator at [csopeterboro@yahoo.ca](mailto:csopeterboro@yahoo.ca) or by fax 705-742-3015. Please allow 1- month notice in order to be added to the next edition.*

## 'Lighter side of Life'



**A 'must have' after skating,  
tobogganing, or skiing, or just a brisk walk!**  
**The Best Hot Chocolate Mix**

INGREDIENTS:

2 cups nonfat dry milk powder  
3/4-cup sugar  
1/2 cup unsweetened cocoa  
1/2-cup mini semisweet chocolate chips  
1/2 cup powdered nondairy creamer  
1/8-teaspoon salt

Directions: Measure all of the ingredients into a mixing bowl and whisk until evenly blended. Store the mix in a tightly covered container at room temperature until ready to use. Spoon 3 or 4 generous tablespoons of cocoa mix into your cup (depending on the size), add boiling water, and stir well. Makes 4 cups of mix. Whipping cream, marshmallows, or a sprinkle of cinnamon can be added.

Ministry of Community Safety & Correctional Services & Ministry of  
Children & Youth Services  Ontario

