



COMMUNITY SERVICE ORDER NETWORKER

'Open your doors by helping adults and youths build confidence and skills'

February 2008

WELCOME ABOARD!



TO OUR NEW COMMUNITY PARTNERS:

- Multiple Sclerosis Society
- Kinsmen Club of Peterborough
- Bridgenorth Beautification Committee
- Peterborough Symphony Orchestra
- Nancy Drummond
- Camp Kawartha and the Outdoor Education Centre
- As You Like It Face Painting
- SAFE Program
- Arbor Theatre
- Hucklebug Stepping Stone Preschool
- 4th Line Theatre

NEW CSO STAFF!

We are pleased to introduce **Christine Hignett** who joined the CSO team in December 2007! Christine will be working part time with the program to assist with developing youth placement opportunities, special events and administrative support work for the program.

Please contact Christine at 743-4485 or chignett@ccrc-ptbo.com if you can use assistance for any special events or projects!

PLACEMENT



The CSO program would like to send best wishes to some of our placement supervisors who are retiring and moving on.

Tom Bluett, Chief Custodian at **Crestwood Secondary School** retired earlier this year. We thank Tom for all the years of supervising many CSO clients. All the best on your retirement!

Bob Hollingsworth, Building Staff Supervisor at **Calvary Pentecostal Church** for the past five years, also retired at the end of December. CSO staff would like to thank Bob for his many years of involvement with the program and wish him all the best on his retirement!

Marlene Chambers, Church Secretary at **Knox United Church**, will be leaving in February 2008. We thank Marlene for her support working with many CSO clients and wish her luck with all of her future endeavors!



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Thank you for your support!

If you know of any non-profit organizations that could benefit from the help of our clients within their agency or for special events or projects, please contact us.

The CSO Networker is a newsletter of the Community Service Order Program of Community Counselling and Resource Centre. This program provides assessment, placement and supervision of adults and youth in conflict with the law in completing court-ordered community service hours within non-profit & tax-supported organizations. Through this newsletter, the CSO program will communicate with our 'placement agencies' (the groups & organizations that provide placements for CSO clients) about the program and what is happening within the placement agencies. Submissions with regard to placement services or events are welcome by contacting Christine Hignett by phone, fax or email. Please feel free to also share any success stories that you may have had through partnering with our Program.

YOUTH FINDS VALUE IN MENTOR

The Champions for Youth program introduced me to a youth worker named John (*not the real name which has been withheld for privacy*). John is a really great guy. He's fun to hang out with. We have done a lot of fun stuff together. The things I liked that were fun were going to the mall and going to the movies. We also did other fun things. John helped me do a lot better in school and also helped me stay out of trouble. He taught me to choose the right things to do. He also taught me to hang out with the right, positive people. John helped me turn my life around. Now, I'm not even thinking about doing any crimes. I stopped thinking about doing crimes the day I started going to court, but my mentor John helped me continue to think that way. He also helped me get along with my family a lot better. I'm even getting along better with my friends. This program has helped me learn my rights from wrongs. The Champions for Youth program gave me someone to talk to, to have fun with and to teach me how to stay out of trouble. I wish I never got in trouble with the law and had to go to court for all the foolish things I've done. Now I realize that only one charge or several charges can mess up my life. I have also realized that I am the only one that can change it. I would like to say thank you to the Champions for Youth program and to John my mentor. I wish I could get another mentor to keep me on the right track.

Written by a CSO Youth Client

INNOVATIVE PROGRAM FOR YOUTH

Champions for Youth is a program designed to improve student achievement, promote positive behaviour and increase the number of high school graduates. This innovative program is a partnership among the Kawartha Pine Ridge District School Board, community agencies, the Youth Criminal Justice System and probation officials with the Ministry of Children and Youth Services, Youth Justice Services.



Champions for Youth identifies students at risk of dropping out of school, and matches these students with mentors from the community. The Board initiated this program to engage students who have had difficulties with the law, and help them to succeed academically and socially.

If you are interested in making a difference in the lives of students and becoming a volunteer go to their website:

http://kphttp://kprschools.ca/programs/champions_mentor.php

For more information on the program, or to become a mentor, please contact Sandy Gougeon, Champions for Youth Program Administrator, at 705-742-9773, ext. 2329 or toll-free at 1-877-741-4577 ext. 2329

HOME PROJECTS: SUPPORTING CLIENTS OF VON

Many Community Service Order clients complete their community service by doing home projects such as constructing wooden products for clients of VON.

VON is a non-profit, charitable health care organization that delivers care 24 hours a day, 7 days a week. Their goal is to help people live independently with dignity, surrounded by loved ones, in their own homes and communities.

VON Peterborough, Victoria & Haliburton Branch provides many programs and services to their communities including the Visiting Nursing Program, Foot Care Program, Immunization Clinics, Nurse Practitioner Clinics that help to address the shortage of primary-care physicians, Mental Health Services, Seniors' Exercise Programs, Care Respite Program and the Adult Day Program.



With the support of donated wooden products, such as birdhouses and toolboxes, the Community Service Order program is helping VON achieve their goal. Clients of the Adult Day Program and Care Respite Program are delighted to have these products to paint. It brings great joy to a client to have the self-satisfaction of completing a useful project – one that they can enjoy for years to come. It brings families a sense of pride to see their loved ones actively achieving a productive outcome. Painting is very therapeutic and can be manipulated from a very complicated activity to a very simple task based on the client's skills and cognitive abilities. Painting also initiates conversation about past memories, hobbies and connecting with nature. It is a donation that keeps on giving.

If your organization requires any items that could be constructed by CSO clients as home projects, please contact the CSO office to discuss your ideas.

HATS OFF TO CSO COMMUNITY PARTNERS

With 2007 behind us, staff at CSO Program would like to extend our thanks to the many community partners for their dedication and support to helping youth and adults in conflict with the law!

In 2007, 374 youth and adult clients were referred to the program via the courts and Probation. Collectively, these clients completed a total of 15,562 hours within the City and County of Peterborough at various non-profit organizations.

Through our client's and community partners, we continue to further develop and broaden our services while increasing our client's involvement and understanding of their community.

Helping turn things around...



2007 STATS

CLIENTS

	ADULT	YOUTH	TOTAL
REFERRALS	248	126	374
COMPLETED	200	97	297
TRANSFERRED/INCOMPLETE	33	26	59
CHARGED	16	2	18
ACTIVE AT YEAR END	142	92	234

HOURS

	ADULT	YOUTH	TOTAL
TOTAL HOURS ORDERED	9337	6225	15562
TOTAL HOURS COMPLETED	11383	4932	16315
RANGE OF HOURS ORDERED	15 - 200	10 - 175	

TYPES OF CHARGES

CHARGES*	ADULT
THEFT UNDER	58
ASSAULT SUMMARY	51
FAIL TO COMPLY WITH PROBATION	48
ALL OTHER OFFENCES	276
# OF CLIENTS WITH MULTIPLE CHARGES	104
RANGE OF MULTIPLE OFFENCES	1-9
CHARGES*	YOUTH
FAIL TO COMPLY SECTION 137 YCJA	71
FAIL TO COMPLY WITH UNDERTAKING	29
ASSAULT SUMMARY	27
ALL OTHER OFFENCES	173
# OF CLIENTS WITH MULTIPLE CHARGES	69
RANGE OF MULTIPLE CHARGES	1-12

*Top 3 charges were ranked then all other offences were totaled.

BEATING THE WINTER BLUES

1. Stay active. Exercise will not only keep off that unwanted winter weight, but it will also help improve your mood.
2. Maintain a balanced diet. Take vitamins and try to avoid comfort foods with a lot of sugars and starches that will give a quick high followed by a crash, which can increase vulnerability to depression.
3. Get out in the sunshine. Lack of sunlight in the winter can lead to a depressed mood. Try to get outdoors as often as possible and keep some bright lights on when indoors.

For a warm and nutritious meal during these cold winter months try this quick soup recipe.

SPEEDY SPLIT PEA SOUP



INGREDIENTS:

- 2 tbsp olive oil
- 1 large onion
- 2 carrots, peeled and chopped
- 2 stalks celery, washed and chopped
- 2 cloves garlic, peeled and sliced thinly
- 2 cups dried split peas
- 8 cups chicken or vegetable stock
- 2 bay leaves
- 1 tbsp dried rosemary
- Salt and pepper
- 2 cups frozen peas
- 1 tbsp of any vinegar

DIRECTIONS:

Heat olive oil in large soup pan. Add onion, carrots, celery and garlic to the pot and sauté for a few minutes. Add the dried peas, stock, bay leaves, rosemary and salt and pepper. Bring to a simmer and continue cooking until the soup is thick and the peas are completely soft. Stir in frozen peas and stir to heat through. Stir in the vinegar and add salt and pepper to taste.

Ministry of Community Safety & Correctional Services

& Ministry of Children & Youth Services



Is your organization having a special event, fundraiser, silent auction or anything else that you would like the community to know about? Please submit the information to Christine Hignett, Program Assistant by fax at 705-742-3015 or at csopeterboro@yahoo.ca