

DROP-IN HOUSING HELP CLINIC

The Drop-In Housing Help Clinic provides access to HRC staff and use of the Resource Room on a drop-in basis. Anyone searching for rental housing, or having a problem with their housing is welcome to access the space to use the computers, telephones, fax machine and printer. HRC staff are available to provide support and guidance throughout the process of searching for rental housing.

When accessing any of our HRC Services, please bring documents you think might be helpful, including ID, eviction notices, rent receipts, utility bills, rental application forms, paystubs, OW/ODSP statements etc.

Our Drop-in Housing Help Clinic operates weekdays from
10 - 12 pm & 1 pm - 3 pm



CONTACT US



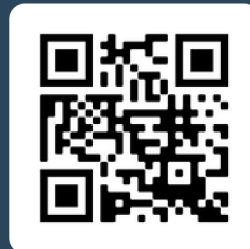
705-743-2272



540 George St N
Peterborough, ON
K9H 3S2



General email
ccrc@ccrc-ptbo.com
HRC
hrc@ccrc-ptbo.com



ccrc-ptbo.com



TURNING THINGS AROUND

At CCRC, no one is turned away. Our staff will listen without judgement and do everything they can to help, regardless of how complex or daunting a situation is.



ccrc-ptbo.com



HOUSING RESOURCE CENTRE (HRC)

HRC helps people living and working in Peterborough City and County access and retain housing and prevent homelessness.

Services include:

- Drop-in Housing Help Clinic
- Eviction Prevention
- Housing Search Assistance
- Resource Room including phones, computers, internet
- Weekly vacancy listings
- Community Education (including RentSmart and workshops)

705-743-2272 ext 207

PROFESSIONAL COUNSELLING

Life can be really hard sometimes. Anxiety, grief, trauma, change, work, relationships and health challenges are all things that can make us feel overwhelmed and have difficulty with our daily lives.

Our counsellors are experienced professionals with advanced post-secondary education in social work, counselling or psychology. They'll work with you to explore your options so that you can feel better and move forward. Offering individual, couple, and group sessions to those living and working in Peterborough and Northumberland

705-743-2272 ext 308



CCRC
Turning things around



COUNSELLING GROUPS

In addition to individual counselling, CCRC frequently runs support groups and workshops led by our experienced counsellors.

Examples of past groups and workshops:

- Caring for the Caregiver (for those in caregiving roles)
- Healing from Within (for male survivors of sexual harm)
- Redefining Me (for female survivors of DV or sexual abuse)

705-743-2272 ext 308