# WHAT MAKES IT HARD TO LEAVE?

- ☐ I hope that my partner will stop being abusive.
- ☐ I feel I have no safe place to go
- ☐ I am fearful of reprisals from my abuser
- ☐ I have children/pets that make it harder to find housing
- ☐ I have concerns about my finances/unemployment
- ☐ I am afraid of being alone
- ☐ I (or others close to me) see divorce as shameful
- ☐ I fear the police will not help me
- ☐ I fear calling the police will make things worse
- ☐ I feel no one will come to my aid
- ☐ I feel responsible for the abuse "If only I had not…."
- ☐ I fear the threats of taking the children will come true
- ☐ I fear my abuser will retaliate on the children
- ☐ I fear religious, family and social pressures if I leave
- ☐ I am unsure/unaware of community and other resources available
   I feel all children should be raised by two parents
- ☐ I feel I have no control over my own life
- ☐ I view the violent outbursts as isolated incidents
- ☐ I fear for the safety of those who would help me
- ☐ I blame myself for the abuse
- ☐ I believe that they love me, and didn't mean it
- ☐ I feel it is safer to stay rather than face the unknown
- ☐ I feel that there is a lack of understanding/support by
   professionals or other people I could ask for help

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