

LGBTQ+ Supports and Resources

LGBTQ+ individuals can often face challenges because of their gender identity or sexual orientation. From information to funding and community groups, a list of supports and resources is provided below:

Community Groups:

Organization	Programs/Services	Contact
Nogojiwanong Friendship Centre	-Gender Diverse Indigenous Mentor Program, to supports two-spirit and LGBTQ+ indigenous youths and families	nogofc.ca/services/children-youth/building-gender-diverse-communities-project/
Norwood Pride	-Events and community in Township of Asphodel-Norwood	norwoodpride.ca
Peterborough Pride	-Pride Week, usually mid September	peterboroughpride.ca
PFLAG Peterborough	-Support, education, and resources for LGBTQ+ individuals and their families/friends	pflagpeterborough.com
Rainbow Youth Program (Peterborough AIDS Resource Network)	For community events, outreach, inclusivity training, etc.	parn.ca
Trans Peer Outreach (CMHA)	-For connecting with other trans/non-binary folk; information/education on gender diversity, relationships, gender affirming healthcare, etc.	cmhahkpr.ca/programs-services/trans-peer-outreach

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Student Groups:

Organization	Programs/Services	Contact
Fleming Diversity and Inclusion Services	<ul style="list-style-type: none"> -Trans/Non-Binary Student Bursary -Name Changes -Positive Space Education Program 	department.flemingcollege.ca/diversity/gender-sexuality/
Fleming Pride Alliance	<ul style="list-style-type: none"> -Safe place for queer students to learn about, and express their gender and sexuality -Works to make queer services available on campus 	flemingsac.ca/fleming-pride-alliance?hsLang=en
Trent Central Student Association	<ul style="list-style-type: none"> -Gender Affirming Care Grant, to help trans/non-binary students purchase gender affirming items or services 	trentcentral.ca/student-funding
Trent Centre for Women and Trans People	<ul style="list-style-type: none"> -Community based care and mutual aid to support those experiencing gender based marginalization 	trentcwtp@gmail.com trentcwtp.com
Trent Out on Campus	<ul style="list-style-type: none"> -Confidential discussion group for questioning students/students in the process of coming out 	outoncampus@trentu.ca
Trent Queer Collective	<ul style="list-style-type: none"> -Trent community events -Building and strengthening an active queer community at Trent/in Ptbo 	Trentqueercollective@gmail.com trentqueercollective.com

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Non-Local Supports

Organization	Programs/Services	Contact
Egale	-Education, advocacy, and professional training	egale.ca
FrancoQueer	-LGBTQ+ supports with French language services	francoqueer.ca
Salaam Canada	-Supports for people who identify as both Muslim and LGBTQ+	salaamcanada.info
Settlement.org	-Guidance for LGBTQ+ migrants and newcomers	settlement.org/ontario/health/sexual-and-reproductive-health/sexual-orientation-and-gender-identity/
YouthLine	-Peer support through phone, text, and online chat	youthline.ca 1-800-268-9688 647-694-4275

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Changing Sex Designation on ID in Ontario

Ontario allows individuals to change the sex designation on their ID, to either male (M), female (F), or non-binary (X). You can also choose not to have the designation displayed on your ID at all. See below for details (current as of Feb, 2022).

The process is slightly different depending on what kind of ID you're trying to change.

For Birth Certificates and Registrations:

Requirements:

- Your birth must be registered in Ontario
- For people age 15 or younger, applications must be submitted by a parent
- If age 16 or older, you must complete the following:
 - 1.) Application for Change of Sex Designation on a Birth Registration of an Adult
 - 2.) Statutory Declaration for a Change of Sex Designation on a Birth Registration of an Adult
- You must also provide:
 - 1.) a letter signed by a practicing doctor or psychologist
 - 2.) all of your previously issued birth certificates, and copies of your birth registration
 - 3.) an application form for a new birth certificate, along with any required fees
- Parents submitting applications on behalf of their children must submit:
 - 1.) Application for Change of Sex Designation on a Birth Registration of a Child
 - 2.) Statutory Declaration for a Change of Sex Designation on a Birth Registration of a Child

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- 3.) a consent form, providing the child's written consent
- 4.) a consent form, providing consent for everyone with legal custody of the child, and proof of notice given to all persons with legal access to the child
- Parents must also provide:
 - 1.) a letter signed by a practicing doctor or psychologist
 - 2.) all court orders/separation agreements with information about custody status, access to the child, or provisions re: sex designation of the child
 - 3.) all previous birth certificates and copies of the child's birth registration
 - 4.) an application for a new birth certificate, along with any required fees
- For more information, please visit: ontario.ca/page/changing-your-sex-designation-your-birth-registration-and-birth-certificate

For Driver's Licenses and Photo Cards:

To change designation to M or F:

- Go to a Service Ontario location with an original, valid copy of your birth certificate or registration, with the desired designation
- If you don't have one, you will need to bring two letters: one signed by a doctor or psychologist (licensed in Ontario), stating the doctor has examined or treated you and the change in designation is appropriate; the other must be written by you, stating the change you want to make, along with your full name, address, driver's license/photo card number, and the name/address of the doctor/psychologist who signed the first letter.
- The government does not require surgery before making changes to the sex designation on your ID, but you can provide documents from a recognized specialist instead of a letter from a doctor/psychologist.

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To change designation to X:

- Go to a Service Ontario location and fill out the required forms—you do not have to bring supporting documents.
- Note: While the Government of Ontario accepts gender neutral ID, if you are applying for a new driver's license, the Ministry of Transportation requires you to self declare 'male' or 'female' on your application. You will need to have the designation changed after.

For more information, please visit: <https://www.ontario.ca/page/change-sex-designation-your-government-ids>

Changing Your Name on Government ID

In most cases, you will need to obtain a *legal name change* before you can have it changed on your ID. For more information on obtaining a legal name change, please visit: <https://www.ontario.ca/page/change-name>

Note: Under Ontario's *Change of Name Act*, legal name changes are published in The Ontario Gazette. This makes name changes searchable online. If you identify as transgender, First Nations, Inuit, or Metis, you can request an exemption so your name change is not included.

The information below is current as of February, 2022.

Changing Your Driver's License or Photo Card:

- Go to a Service Ontario Centre, and bring your current driver's license/photo card, along with original documents that include your legal name, date of birth, and signature. A full list of acceptable documents can be found at <https://drivetest.ca/licences/acceptable-id-documents/>



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Changing Your Birth Certificate

A guide for changing your legal name on your birth certificate is available at:
<https://www.rainbowhealthontario.ca/trans-health-knowledge-base/how-do-i-legally-change-my-name-on-a-birth-certificate-in-ontario/>

Fighting Landlord Discrimination

In Ontario, it is illegal for landlords to discriminate against people based on their gender identity or sexual orientation. For more information about landlord discrimination, see pages 48—49, and page 81.