More Resources



Property Management Companies Updated March 2021

| AON Inc. 307 Alymer Street 705-742-5445 www.aoninc.com Bick Properties 1616 Champlain Drive 705-740-1992 www.bickproperties.co | Ashburnham Realty 116 Hunter Street 705-743-1168 www.ashburnham.ca Braund Realties 705-745-0502 | Babcock and Robin- son 261 George Street North 705-748-5411 www.bandrpm.com Cathedral Court 333 Brock Street 705-743-2322 www.cathedralcourtapts .com |
|---|--|---|
| <u>m</u> Cherney Properties 171 King Street 705-876-1717 <u>www.cherneyproperties.</u> <u>com</u> | Churchill Manor Apartments 421 Sheridan Street 705-876-9834 | Cobblestone Property Management 899 Clonsilla Avenue 705-738-0435 |
| DGI Properties 241 Rubidge Street 705-768-6282 www.dgiproperties.com | Guardian Property Management 1591 Hilliard Street 705-743-0211 | MacPherson Realty 253 Hunter St. W. 705-743-3532 |
| Paladin Property ManagementagementRR1 Selwyn, ON705-933-9008paladinpropertymanagementPeterborough Housaing Corporation526 McDonnel Street705-742-0439 | Park Place Apartments (Cobblestone Property Manage- ment) 470 George Street South 705-743-5959 Property Management Peterbor- ough Inc. 55 Murray Street 705-741-8603 | Parkhill Apartments (Cobblestone Property Management) 701 Parkhill Road West 705-743-3321 Rishor Douglas Real Estate 555 George Street North |
| www.ptbohousingcorp.c a Sammy and Sons 537 George St. N. 705-875-7003 www.sammyandsons.c om | www.propertymanagementpeterboro ugh.ca Sterling Karamar (Formerly Northview Apartment REit) 705-917-0366 | 705-741-2021 Skyline Living 201 and 211 Hunter East 705-243-1959 <u>www.skylineliving.ca</u> |

Property Management Companies Continued Updated March 2021

| Tarawood Place (Realstar Management) 2199 Walker Avenue 705-749-9199 www.realstar.ca | TVM Apartments 1781-1793 Cherryhill Road 1-800-368-9242 www.tvm.ca | TVM Courtyard 410, 412, and 414 Highland Road 705-748-6880 or 1-800- 3689242 www.tvm.ca |
|---|---|---|
| TVM George 406-412 George Street North 1-800-368-9242 www.tvm.ca | TVM 185 Hunter 185 Hunter Street East 705-312-0775 or 1-800-368- 9242 www.tvm.ca | TVM Manor 294 McDonnel St. 705-755-6050 or 1-800-368- 9242 www.tvm.ca |
| TVM Mansions 380-386 Park Street North, and 369 Hunter Street West 705-312-0977 or 1-800- 368-9242 www.tvm.ca | TVM Peterborough 154-166 Brock Street 705-748-6880 or 1-800-368- 9242 www.tvm.ca | TVM Schoolhouse 443 Reid Street 705-748-6880 or 1-800-368- 9242 www.tvm.ca |
| TVM Terraces 207 Murray Street 1-800-368-9242 www.tvm.ca | TVM Towers 212 Brock Street 1-800-368-9242 www.tvm.ca | Visture Property Management 552 Armour Rd 705-998-2017 visture.ca |

INTENT TO RENT

| Name of Landlord | Date | | | |
|---------------------------------------|-------|--|--|--|
| Landlord's Address: | | | | |
| Telephone: business or | home | | | |
| I agree to rent | | | | |
| Full address of rental unit | | | | |
| То: | | | | |
| Name(s) of prospective te | nants | | | |
| Rent: \$ 🗆 Monthly 🛛 Weekly | | | | |
| Rent Includes: | | | | |
| Heat: 🗆 Yes 🗆 No Hydro: 🗆 Yes 🗆 No | | | | |
| Last months rent required | | | | |
| Signature of landlord | | | | |
| Signature of prospective tenant | | | | |
| | | | | |

Banks And Credit Unions

- BMO (Bank of Montreal): 1-877-225-5266
 Branch Locations:
 - a) 645 Lansdowne St W in Lansdowne Place (705) 745-5714
 - b) 1154 Chemong Rd (705) 745-1396
- CIBC (Canadian Imperial Bank of Commerce):

1-800-465-2422 Branch Locations:

- a) 399 George St N (705) 743-3573
- b) 825 Monaghan Rd (705) 742-0445
- NBC (National Bank): 1-888-835-6281
 Branch Locations:
 - a) 423 George St N (705) 743-5558
- RBC (Royal Bank of Canada): 1-800-769-2511
 Branch Locations:
 - a) 401 George St N

- a) 861 Lansdowne St W (705) 743-4241
- b) 806 Chemong Rd(705) 743-0545
- **Scotiabank:** 1-800-472-6842 Branch Locations:
 - a) 1154 Chemong Rd #42 in Portage Place (705) 749-0744
 - b) 780 Clonsilla Ave(705) 748-5681
 - c) 111 Hunter St W (705) 748-2886
- **TD (Toronto Dominion):** 1-866-222-3456 Branch Locations:
 - a) 340 George St N
 in Peterborough Square
 (705) 745-5777
 - b) 1096 Lansdowne St W
 (705) 742-6558
 - c) 1091 Chemong Rd (705) 742-4530
 - d) 830 Monaghan Rd(705) 748-6634

Unit Inspection Tool

Unit Address:

Landlord Name:

Tenant/s Name/s:

| | Date: | Date: | | | |
|---------------------------|----------------------|---------------------------|----------------|------------------------|------------------|
| | Condition on Move-In | Condition on Move- Out | LL- Initial | Ten- ant Initial | Cost Estimate |
| Main Rooms | | | | | |
| Windows/screens | | | | | |
| Doors/frames | | | | | |
| Heaters | | | | | |
| Closets/Closet doors | | | | | |
| Walls/roof | | | | | |
| Lights/fixtures | | | | | |
| Kitchen | | | | | |
| Floors | | | | | |
| Walls/ trim | | | | | |
| Door frames | | | | | |
| Lights/Light fixtures | | | | | |
| Stove, fridge, dishwasher | | | | | |
| Windows/screens | | | | | |
| Countertops/ Cupboards | | | _ | | |
| Restrooms | | | | | |
| Floors | | | | | |
| Walls/trim | | | | | |
| Door & Frame | | | | | |
| Windows/Screens | | | | | |
| Tub & tiles | | | | | |
| Toilet | | | | | |
| Sink and counter top | | | | | |
| Bedroom 1 | | | | | |
| Floors | | | | | |
| Walls | | | | | |
| Windows/ Screens | | | | | |
| Closet | | | | | |
| Doors and door frames. | | | | | |

Unit Inspection Tool

| | Condition on Move- In | Condition on Move- Out | LL- Initial | Ten- ant Initial | Cost Esti- mate |
|---------------------------------|--------------------------|---------------------------|----------------|------------------------|-----------------------|
| BEDROOM 2 | | | | | |
| Floors | | | | | |
| Walls | | | | | |
| Windows/ Screens | | | | | |
| Closet | | | | | |
| Doors and door frames. | | | | | |
| OTHER | | | | | |
| Floors | | | | | |
| Walls | | | | | |
| Windows/ Screens | | | | | |
| Closet | | | | | |
| Doors and door frames. | | | | | |
| Yard | | | | | |
| Grass | | | | | |
| Garage | | | | | |
| Shed | | | | | |
| Deck | | | | | |
| Is all Garbage Removed? | | | | | |
| Are all personal items removed? | | | | | |
| OTHER: | | | | | |
| | | | | | |
| | | | | | |

Cleaning Checklist

| Task | Kitchen | Living Room | Bathroom | Bedroom 1 | Bedroom 2 | Other |
|---|---------|----------------|----------|-----------|-----------|-------|
| Remove Old items and gar- bage | | | | | | |
| High Touch Areas | | | | | | |
| Trim/ Heat- ers | | | | | | |
| Counter tops | | | | | | |
| Cupboards Inside and out | | | | | | |
| Window/ Window Sills | | | | | | |
| Floors | | | | | | |
| Walls | | | | | | |
| Tub, Toilet Sink | | | | | | |

LGBTQ+ individuals can often face challenges because of their gender identity or sexual orientation. From information to funding and community groups, a list of supports and resources is provided below:

| Organization | Programs/Services | Contact |
|--|---|--|
| Nogojiwanong Friendship Centre | -Gender Diverse Indigenous Mentor Program, to supports two-spirit and LGBTQ+ indigenous youths and families | nogofc.ca/services/children- youth/building-gender-diverse- communities-project/ |
| Norwood Pride | -Events and community in Township of Asphodel-Norwood | norwoodpride.ca |
| Peterborough Pride | -Pride Week, usually mid September | peterboroughpride.ca |
| PFLAG Peterborough | -Support, education, and resources for LGBTQ+ individuals and their families/friends | pflagpeterborough.com |
| Rainbow Youth Program (Peterborough AIDS Resource Network) | For community events, outreach, inclusivity training, etc. | parn.ca |
| Trans Peer Outreach (CMHA) | -For connecting with other trans/non -binary folk; information/education on gender diversity, relationships, gender affirming healthcare, etc. | cmhahkpr.ca/programs- services/trans-peer-outreach |

Community Groups:

Student Groups:

| Organization | Programs/Services | Contact |
|---|---|--|
| Fleming Diversity and Inclusion Services | -Trans/Non-Binary Student Bursary -Name Changes -Positive Space Education Program | department.flemingcollege.ca/ diversity/gender-sexuality/ |
| Fleming Pride Alliance | -Safe place for queer students to learn about, and express their gender and sexuality | flemingsac.ca/fleming-pride- alliance?hsLang=en |
| | -Works to make queer services available on campus | |
| Trent Central Student Association | -Gender Affirming Care Grant, to help trans/non-binary students purchase gender affirming items or services | trentcentral.ca/student- funding |
| Trent Centre for Women and Trans People | -Community based care and mutual aid to support those experiencing gender based marginalization | trentcwtp@gmail.com trentcwtp.com |
| Trent Out on Campus | -Confidential discussion group for questioning students/students in the process of coming out | outoncampus@trentu.ca |
| Trent Queer Collective | Trent community events Building and strengthening an active queer community at Trent/in Ptbo | Trentqueercollective @gmail.com trentqueercollective.com |

Non-Local Supports

| Organization | Programs/Services | Contact |
|----------------|---|--|
| Egale | -Education, advocacy, and professional training | egale.ca |
| FrancoQueer | -LGBTQ+ supports with French language services | francoqueer.ca |
| Salaam Canada | -Supports for people who identify as both Muslim and LGBTQ+ | salaamcanada.info |
| Settlement.org | -Guidance for LGBTQ+ migrants and newcomers | settlement.org/ontario/health/ sexual-and-reproductive- health/sexual-orientation-and- gender-identity/ |
| YouthLine | -Peer support through phone, text, and online chat | youthline.ca 1-800-268-9688 647-694-4275 |

Changing Sex Designation on ID in Ontario

Ontario allows individuals to change the sex designation on their ID, to either male (M), female (F), or non-binary (X). You can also choose not to have the designation displayed on your ID at all. See below for details (current as of Feb, 2022).

The process is slightly different depending on what kind of ID you're trying to change.

For Birth Certificates and Registrations:

Requirements:

- Your birth must be registered in Ontario
- For people age 15 or younger, applications must be submitted by a parent
- If age 16 or older, you must complete the following:
 - Application for Change of Sex Designation on a Birth Registration of an Adult
 Statutory Declaration for a Change of Sex Designation on a Birth Registration of an Adult
- You must also provide:
 - 1.) a letter signed by a practicing doctor or psychologist

2.) all of your previously issued birth certificates, and copies of your birth registration

3.) an application form for a new birth certificate, along with any required fees

- Parents submitting applications on behalf of their children must submit:
 - 1.) Application for Change of Sex Designation on a Birth Registration of a Child

2.) Statutory Declaration for a Change of Sex Designation on a Birth Registration of a Child

3.) a consent form, providing the child's written consent

4.) a consent form, providing consent for everyone with legal custody of the child, and proof of notice given to all persons with legal access to the child

- Parents must also provide:
 - 1.) a letter signed by a practicing doctor or psychologist

2.) all court orders/separation agreements with information about custody status, access to the child, or provisions re: sex designation of the child

- 3.) all previous birth certificates and copies of the child's birth registration
- 4.) an application for a new birth certificate, along with any required fees
- For more information, please visit: ontario.ca/page/changing-your-sexdesignation-your-birth-registration-and-birth-certificate

For Driver's Licenses and Photo Cards:

To change designation to M or F:

- Go to a Service Ontario location with an original, valid copy of your birth certificate or registration, with the desired designation
- If you don't have one, you will need to bring two letters: one signed by a doctor or psychologist (licensed in Ontario), stating the doctor has examined or treated you and the change in designation is appropriate; the other must be written by you, stating the change you want to make, along with your full name, address, driver's license/photo card number, and the name/address of the doctor/ psychologist who signed the first letter.
- The government does not require surgery before making changes to the sex designation on your ID, but you can provide documents from a recognized specialist instead of a letter from a doctor/psychologist.

To change designation to X:

- Go to a Service Ontario location and fill out the required forms—you do not have to bring supporting documents.
- Note: While the Government of Ontario accepts gender neutral ID, if you are applying for a new driver's license, the Ministry of Transportation requires you to self declare 'male' or 'female' on your application. You will need to have the designation changed after.

For more information, please visit: https://www.ontario.ca/page/change-sexdesignation-your-government-ids

Changing Your Name on Government ID

In most cases, you will need to obtain a *legal name change* before you can have it changed on your ID. For more information on obtaining a legal name change, please visit: https://www.ontario.ca/page/change-name

Note: Under Ontario's *Change of Name Act*, legal name changes are published in The Ontario Gazette. This makes name changes searchable online. If you identify as transgender, First Nations, Inuit, or Metis, you can request an exemption so your name change is not included.

The information below is current as of February, 2022.

Changing Your Driver's License or Photo Card:

 Go to a Service Ontario Centre, and bring your current driver's license/photo card, along with original documents that include your legal name, date of birth, and signature. A full list of acceptable documents can be found at https://drivetest.ca/licences/acceptable-id-documents/

Changing Your Birth Certificate

A guide for changing your legal name on your birth certificate is available at: https://www.rainbowhealthontario.ca/trans-health-knowledge-base/how-do-ilegally-change-my-name-on-a-birth-certificate-in-ontario/

Fighting Landlord Discrimination

In Ontario, it is illegal for landlords to discriminate against people based on their gender identity or sexual orientation. For more information about landlord discrimination, see pages 48—49, and page 81.

Supports and Resources for Newcomers

Migrants, refugees, and other newcomers can often face challenges because of their background or migration status. From information to funding and community groups, a list of supports and resources is provided below:

| Organization | Programs/Services | Contact |
|--|--|--|
| The New Canadians Centre | -Immigration and settlement support -Resettlement Assistance Program -Employment support -English language lessons -Community networking | nccpeterborough.ca 705-743-0882 info@nccpeterborough.ca |
| Trent Central Student Association | -Healthcare coverage through student benefits plan | https://trentcentral.ca/ benefits |
| Trent International Student Association | -Advocacy, community events, networking | tisatrentu@gmail.com |
| Trent World University Service of Canada | -Community networking -Advocacy on education, migration, and int'l development | wuscattrent@gmail.com |
| Fleming College International Student Services | -Academic advising -Career supports | international @flemingcollege.ca flemingcollege.ca/international -education |

Community Groups:

Supports and Resources for Newcomers

Migrants, refugees, and other newcomers can often face challenges because of their background or migration status. From information to funding and community groups, a list of supports and resources is provided below:

| Organization | Programs/Services | Contact |
|--|--|---|
| Community Legal Education Ontario (CLEO) | -Guidance, resources, and information around Canadian immigration law | cleo.on.ca/en/resources-and- publications/pubs? language= en&field_legal_topic _tid_i18n=91 |
| Settlement.org | -Comprehensive information on housing, employment, immigration guidelines and more | settlement.org |
| Steps to Justice | -Guidance and resources around Canadian immigration law | stepstojustice.ca/legal-topic/ immigration |
| | | |
| | | |

Resource Guides and Legal Information:

Supports and Resources for Seniors

Seniors can often face challenges because of their age or ability. From information to funding and community groups, a list of supports and resources is provided below:

| Organization | Programs/Services | Contact |
|----------------------------------|---|---|
| Age Friendly Peterborough | -City planning to support seniors | 705-748-8830 ext. 3227 peterborough.ca/en/city- services/age-friendly- peterborough.aspx |
| Community Care Peterborough | -Help with transportation -Meals on Wheels -Diner's Club -Fall prevention and exercise classes | 705-742-7067 commcareptbo.org peterborough@ commcareptbo.org |
| Community Living Peterborough | -Family and employment services -Respite Now mobile app, for connecting families to respite care | 705-743-2411 clth.ca |
| Peterborough Public Health | -Ontario Seniors Dental Care Program (for low income seniors) | 705-743-1000, Ext. 321 info@peterborough publichealth.ca |
| Peterborough Transit | -Ride With Me program, pilot program for helping seniors learn public transit | 705-745-0525 ext. 2888 TransitAccessible Services@peterborough.ca |

Community Groups and Services

Supports and Resources for Seniors

Seniors Housing and Retirement Residences

| Organization | Programs/Services | Contact |
|--|---|--------------|
| Applewood Retirement Residence | -Market rate suites and dining services | 705-749-1500 |
| Auburn Retirement Village | -Market rate community for retirees | 705-742-6492 |
| Canterbury Gardens Retirement Residence | -Market rate suites | 705-876-1414 |
| Chartwell Jackson Creek Retirement Residence | -Market rate suites -Supportive living -Assisted living | 705-748-1928 |
| Empress Gardens | -Market rate suites | 705-876-1314 |
| Kawartha Heights Retirement Living | -Market rate suites | 705-874-6880 |
| KPP Towerhill Village | -Supportive housing | 705-745-4122 |
| Marycrest | -Market rate suites -Subsidized suites (must apply through Housing Access Ptbo) | 705-876-6111 |

Supports and Resources for Seniors

Seniors Housing and Retirement Residences

| Organization | Programs/Services | Contact |
|--|--|--------------|
| Peterborough Housing Corporation | -Market rate units -Affordable units -Subsidized housing units (must apply through Housing Access Ptbo) | 705-742-0439 |
| Peterborough Retirement Residence | -Market rate units -Personal support, mobility assistance | 705-748-5343 |
| Princess Gardens Retirement Residence | -Market rate suites | 705-750-1234 |
| Royal Gardens Retirement Residence | -Market rate suites | 705-741-6036 |
| Rubidge Retirement Residence | -Market rate suites | 705-748-4000 |
| Sherbrooke Heights | -Market rate suites | 705-750-1020 |
| St Giles Seniors Residence | -Independent living -Affordable units | 705-743-8660 |
| St John's Centre Retirement Living | -Affordable housing -Personal support services | 705-749-0757 |

Supports and Resources for Seniors

Social Groups and Activity Centres

| Organization | Programs/Services | Contact |
|---------------------------------|--|--------------|
| Activity Haven | -Various sports and recreation programs | 705-876-1670 |
| Mapleridge Recreation Centre | -Line Dancing -Yoga / Zumba | 705-742-1481 |
| Northminster United Church | -Seniors Lunch Club (Sept - Jun) (on-hold during COVID) | 705-741-4271 |

Community Agencies:

- CCRC (Community Counselling and Resource Centre): Phone:(705) 743-2272 Text: (705) 930-9301 ccrc-ptbo.com
- CCRC Community Service Orders: 540 George Street North Phone:(705) 743-2272 Text: (705) 930-9301 creditcounselling@ccrc-ptbo.com creditcounsellingptbo.ca
- John Howard Society Peterborough (705) 743-8331 jhsptbo@jhsptbo.com johnhoward.on.ca
- OPIRG Peterborough (Ontario Public Interest Research Group) Rm 102 at Sadleir House, 751 George Street N (705) 741-1208 opirg@trentu.ca opirgptbo.ca

Credit Counselling and Financial Guidance:

• Credit Canada

1-800-267-2272

creditcanada.com

Employment Assistance:

 CCRC Employee Assistance Program: 459 Reid Street 705-742-4258 ccrc-ptbo.com/programs/employee-assistance-program

EPC Peterborough (Employment Planning & Counselling): 418 Sheridan Street (705) 748-9110

epcjobs.ca

Government Services:

- ACSD (Assistance for Children with Severe Disabilities) Office: 850 King Street W, Oshawa, ON (905) 440-1030 oshawa.odsp@ontario.ca
- Ministry of Transportation (Drive Test)
 749 Erskine Avenue
 1-888-570-6110
- ODSP Office Peterborough: Peterborough Square, 2nd Floor
 360 George Street N
 (705) 742-9292
 ODSP.Peterborough@ontario.ca mcss.gov.on.ca/en/mcss/programs/social/odsp/contacts/index.aspx
- Ontario Works Office Peterborough: 178 Charlotte Street, in the Charlotte Mews (705) 748-8830
- Service Canada (Peterborough): 219 George Street N 1-800-622-6232
- Service Ontario (Peterborough): Robinson Place, 1st Floor
 300 Water Street
 (705) 755-1342
 ontario.ca/locations/serviceontario/robinson-place-peterborough

Health Supports:

CCRC Counselling: 459 Reid Street (705) 742-4258 ccrc-ptbo.com/programs/counselling

• CMHA (Canadian Mental Health Association):

415 Water Street (705) 748-6687 cmhahkpr.ca

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- PARN: 159 King Street, Suite 302 705-749-9110 parn.ca
- Peterborough Elder Abuse Prevention Network:

(705) 876-1122 ext.327 centraleast@elderabuseontario.com or info@elderabuseontario.com peapn.com

• Peterborough Youth Services:

459 Reid Street (705) 743-1681 pysyouth@pysonline.ca pysonline.ca

Housing Support Services:

- CCRC Housing Resource Centre: 540 George Street North Phone: (705) 743-2272 Text: (705) 230-0957 hrc@ccrc-ptbo.com ccrc-ptbo.com
- Landlord and Tenant Board (Peterborough): 300 Water Street Phone: 1-888-332-3234 Fax: 1-888-377-8808 sjto.ca/ltb

Insurance Agencies:

 The Insurance Bureau of Canada www.ibc.ca

Legal Assistance:

- Centre for Equality Rights in Accommodation 1-800-263-1139 ext. 1 cera@equalityrights.org equalityrights.org/cera
- Peterborough Community Legal Centre 4th floor, 150 King Street (705) 749-9355 ptbo-clc.org

- The Human Rights Legal Support Centre: 1-866-625-5179
- The Human Rights Tribunal of Ontario: htro.ca 1-866-598-0322
- Rental Housing Enforcement Unit: 1-888-772-9277

Public Services:

- Peterborough Police: 500 Water Street (705) 876-1122 peterboroughpolice.com/en/index.aspx
- Peterborough Public Library: 345 Aylmer Street (705) 745-5382 ptbolibrary.ca
- Peterborough Public Library (Delafosse Branch): 729 Park Street S (705) 745-8653

Shelters:

- Brock Mission:

114 Murray Street 705-748-4766 ext. 1 brockmission.ca

- Cameron House: 738 Chemong Road 705-748-4766 ext. 2 brockmission.ca
- The Overflow Shelter: 175 Murray Street 705-761-1875
- Youth Emergency Shelter (YES): 196 Brock Street 705-748-3851 yesshelter.ca

info@yesshelter.ca

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YWCA Crossroads:
Shelter: 705-743-4135
Crisis and Support Line: 1-800-461-7656 (call) or 705-991-0110 (text)
ywcapeterborough.org/programs-services/crossroads-shelter/

Transportation Services:

- B!KE:
 293 George Street N
 (705) 775-7227
- Call a Cab: (705) 745-2424
- Capitol Taxi: (705) 742-4242
- Community Care Peterborough: 185 Hunter Street E (705) 742-7067 peterborough@commcareptbo.org commcareptbo.org
- Fleming Student Administrative Council Transit: info@flemingsac.ca flemingsac.ca/transportation
- Peterborough Handi-Van: (705) 740-6797 peterborough.ca/en/city-services/handi-van-service.aspx#
- Peterborough Transit: 190 Simcoe Street (705) 745-0525 twitter.com/ptbo_transit peterborough.ca/en/city-services/transit.aspx
- Trent Central Student Association Transit: bus@trentcentral.ca trentcentral.ca/transit