



# Expressive Arts Group

## For Female Survivors of Childhood Sexual Abuse



Thursdays: September 19<sup>th</sup> to December 5<sup>th</sup>, 2019  
9:30 a.m. to 12:00 p.m.

This 12 session group offers survivors of childhood sexual abuse an opportunity to come together and explore their experiences through the arts. No artistic experience or special skills are needed.

The focus of this group is on self-expression and healing. Participants will gain insight into the effects of trauma and learn new coping strategies.

The group will be facilitated by clinical counsellor Joy Simmonds, MSW MEd RSW, and qualified expressive arts therapist Diana Primavesi, MSW RSW. Both are experienced in group process and working with survivors.

For further information and to pre-register contact:  
**Community Counselling & Resource Centre 705-742-4258**

**This group is offered free of charge.**  
Funding has been provided by The Ministry of Community & Social Services

