

Peaceful Families



Groups for Women and Children who have Witnessed or Experienced Violence in the Home.

Groups will be offered for women and children (ages four to sixteen). There is no cost for the groups.

Arrangements may be made to assist with childcare and transportation expenses.

Topics for children's group:

- ❖ Identifying & expressing feelings
- ❖ Changes in Families
- ❖ Safety
- ❖ Self-Esteem
- ❖ Understanding/defining abuse

Topics for Mother's group:

- ◆ Impact of violence on children
- ◆ Parenting
- ◆ Personal safety for children
- ◆ Self Esteem and self-care

**Wednesday, March 13, 2019 &
Thursday, March 14, 2019
9:30 a.m. to 3:00 p.m.**

For more information or to register please call
CCRC at (705) 742-4258

