



Where They're Coming From

First-Time Offender speaks out...

"You're under arrest". Those were the words that started it all. Having never been in trouble with the law before, those words instilled a fear in me like no other. What do I do? Who can help me? Those were the questions running through my head.

The justice system has been in place for a longer than I've been on this earth, and it has its processes and procedures that have been tried and proven successful time and time again. However, for somebody like me, and many others that have had any experience with the law, it can be very daunting, confusing and very intimidating.

Nobody seems to take the time to consider first time offenders. Everybody just does their respective jobs and carries on. For me, I had no clue how to take care of anything. I had to find a lawyer, and then go through legal aid to afford my lawyer. While I had the utmost confidence in him, he only told me what I needed to know and assumed I knew everything else. Then hearing after hearing, my case remanded to later dates again and again.

Of course my most nerve-wracking experience was entering the courtroom for the first time. When my name was called, I was the centre of attention, and felt very small. I had no idea how to act, when to stand, when to sit...what to say if addressed personally.

In the end, my sojourn through the legal system taught me a lot. While I do regret the events that lead me to the courtroom, I now have greater respect for those who are involved. Just remember that it all comes down to you and how you handle things.

CSO Client

Tips from a CSO Client

Things I wish I knew then...

1. If you can't afford legal representation, go to Legal Aid.
2. Ask the lawyer what they are going to do for you and ask what you need to do.
3. Make sure your lawyer knows everything about your case.
4. Making an overall impression in court is important.
5. Dress appropriately, no ripped or dirty clothing.
6. If spoken to, be polite and serious. No joking!
7. When your name is called, always stand quietly until addressed.
8. Ask your lawyer in advance what you are expected to do, as you will not be given direction once inside the courtroom.

Also, I have a suggestion for those who work in the legal system to help those going through it for the first time. Not everybody is necessarily a seasoned criminal and knows how the system works. Take the time to explain what is happening to your client, and what they have to do in order to get things done. List things you feel are important for your client to know.

CSO Client

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Thank you for your support!

If you know of any non-profit organizations that could benefit from the help of our clients within their agency or for special events or projects, please contact us.

The CSO Networker is a newsletter of the Community Service Order Program of Community Counselling and Resource Centre. This program provides assessment, placement and supervision of adults and youths in conflict with the law in completing court-ordered community service hours within non-profit & tax-supported organizations. Through this newsletter, the CSO program will communicate with our 'placement agencies' (the groups & organizations that provide placements for CSO clients) about the program and what is happening within the placement agencies. Watch for this newsletter quarterly in January, April, July and October. Submissions with regard to placement services or events are welcome by contacting Shelley Giardino or Joanne Fulford by phone, fax or email. Please feel free to also share any success stories that you may have had through partnering with our Program.

Placement Agency Profile

Leta Brownscombe Co-operative Homes Reaps Rewards!

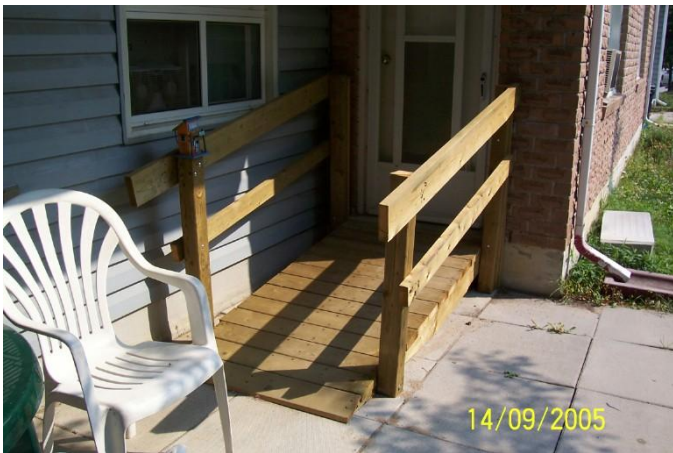
Leta Brownscombe Co-op is a new participant in Community Service but we have already reaped many rewards from individuals who have come here to work. Our office staff has enjoyed help received in the form of photocopying and putting packages together. Our Landscaping Committee has benefited from various jobs such as power washing, keeping control of the re-cycling and garbage enclosure as well as lawn cutting, weeding and the trimming of bushes.

A couple of our disabled and senior members were very happy to have help moving household items when they were receiving new flooring in their homes. All of the Community Service Order clients were helpful, respectful and great to work with!

One young fellow who had a small amount of hours to complete designed and built a wheelchair ramp for one of our members. This ramp has now enabled our member to go outside to his patio using his walker or scooter. What a great job!

Thank you to all of the Staff and Participants of the Community Service Program for all of the hard work. The Members and Staff at Leta Brownscombe Co-operative Homes are looking forward to a long and rewarding relationship with the Community Service Program.

Laurie Bethune
President, Board of Directors
Leta Brownscombe Co-operative Homes Inc.



Pictured, ramp built by CSO client

CSO Client speaks on What motivates and keeps volunteers coming back

All non-profit organizations need volunteers. They provide hundreds of work-hours that the non-profit organizations would not be able to provide otherwise. As a volunteer and a Volunteer Coordinator I have found the following to be helpful in retaining volunteers.

Retaining good volunteers begins with the recruitment process. Select and match volunteers with assignments that befit their skills and interests. Have an interview with the prospective volunteer as you would with an employee. Find out why the volunteer has chosen your organization. Try to foster this attachment by making the volunteer feel part of the "team" by giving them work that is a good match to their needs.

The first few months of a new volunteer's service are important. After accepting the individual, give the volunteer an assignment as soon as possible to let them know their commitment is needed. Communication and monitoring during this initial time may help to avoid problems later and keep a volunteer motivated.

Rewards and recognition are important for volunteer retention. Establish a consistent recognition system and if a volunteer has done outstanding work for your organization, place an article in your local paper or newsletter. The reward does not have to be expensive; the important element is the recognition and thank you for their work.

Place a new volunteer with motivated and positive volunteers. A sense of belonging, being part of the "team" and fostering friendships will keep individuals staying long term especially if their motivation was to enhance their social life. Make the work environment a positive and pleasant experience. A well-organized volunteer management program with written job descriptions and code of conduct for volunteers will be appreciated by all volunteers and keep them coming back for many years.

CSO Client

Welcome Aboard!

CSO would like to welcome the following 2005 Community Partners



- ❖ **Schizophrenic Society**
- ❖ **Lakefield Legion**
- ❖ **Market Hall**
- ❖ **Peterborough Folk Festival**
- ❖ **Blankets for Canada**
- ❖ **Employment Planning & Counselling**

Did you know...?

Before a client is placed in the community to complete their community service, they must attend an assessment at the Community Service Order office. During the assessment past and present criminal charges are reviewed as well as education, work experience, health conditions and interests/skills. The referral is then made to the community organization taking into account any restrictions that have been requested by the organization.

The clients review and sign an acknowledgement form, which states:

- Report to the placement agency at dates and times directed.
- Call (placement supervisor) in advance if unable to attend in order to reschedule
- Arrange own transportation
- Dress according to activity assigned
- Perform community service cooperatively, follow placement supervisor's instructions particularly in safety matters
- Keep Work Schedule signed and up to date and provide it to CSO as proof of hours
- Report hours to CSO by 25th of each month
- Have all placements approved by CSO office
- Refrain from using cell phones or bringing family/friends to placement while working
- Failure to attend placements or report monthly may result in termination of placement

'Lighter side of Life'

Half the fat and calories of traditional pie!

Pumpkin Pie Squares

16oz can pumpkin
1/2 cup quick oats
1 13oz can evaporated milk
1 cup brown sugar
2 eggs
1 cup all-purpose flour



6 tbsp. margarine
3/4 cup sugar
1/4 cup chopped nuts
1 tsp. cinnamon
1/2 tsp. ginger
1/4 tsp. cloves

Combine flour, oats, 4 tbsp. margarine, and 1/2-cup brown sugar in bowl. Mix until crumbly and press into 13 x 9" pan. Bake at 350°F for 15 minutes.

Combine pumpkin, evaporated milk, eggs, 3/4-cup sugar, and spices in bowl; beat well; pour onto crust. Bake at 350°F for 20 minutes.

Combine nuts, 1/2-cup brown sugar, and 2 tablespoons margarine. Sprinkle over pumpkin filling.

Return to oven and bake 15-20 minutes, or until filling is set. Cool in pan. Cut into 2" squares. Serves 24.

Ministry of Community Safety & Correctional Services & Ministry of Children & Youth Services  Ontario



Upcoming Placement Events:

Special Event: Red Cross Standard First Aid + Level C CPR:

Date/ Time: Oct. 11, 13, 18, 20 from 6 pm -10 pm
Oct. 16 and 23 from 9 am – 5 pm
Nov. 5 and 6 from 9 am – 5 pm
Nov. 8 and 10 from 9 am – 5 pm
Nov. 15, 17, 22, 24 from 6 pm – 10 pm
Dec. 3 and 4 from 9 am – 5 pm
Dec. 6 and 8 from 9 am – 5 pm
Dec. 12, 13, 14, 15 from 6 pm - 10 pm

Place: Red Cross, 565 Water St Peterborough

Description: Cost \$105. To register or for more information call Barb Mills at (705) 745-8222

Special Event: Re Certification of First Aid:

Date/ Time: Oct. 29 from 9am – 5pm
Nov. 26 from 9am – 5pm
Dec. 17 from 9am – 5pm

Place: Red Cross, 565 Water St Peterborough

Description: \$70 (without manual) To register or for more information call Barb Mills at (705) 745-8222

Special Event: CHANGES Monster Mash Bowl-A-Thon

Place: Lakeview Bowl

Date/ Time: Sunday Oct 30th

Description: Put together a tea, dress in costume, raise money and have a spooky time. Call 749-6695 for more details.

Special Event: Harvest Craft Show

Place: Buckhorn Community Centre

Date/ Time: Oct 8 – 10, 2005

Description: Over 120 artisans from On & Quebec \$3.50 adults for more info call 657-8833

Special Event: Dinner Theatre

Place: Buckhorn Community Centre

Date/ Time: November 11-13 & 18 & 19

Description: 4 comedies, \$25 per person
Advance tickets on sale Sept 17 and on for more info call 657-8833

Special Event: In the Nick of Time

Place: Buckhorn Community Centre

Date/ Time: November 26 & 27

Description: A Christmas marketplace of handcrafted gift items
Admission a twoonie. Kids are free with adult

Special Event: Spooky Halloween

Place: Lang Pioneer Village

Date/ Time: Oct 14 & 15, Oct 21 & 22 (weather permitting)
6-9 pm

Description: Admission: Adult \$6, Student/Senior \$5, Youth (2-14) \$3, Under 2 Free. Family passes are not offered for this event. Taxes not included. For more info visit www.langpioneervillage.ca

Special Event: Christmas by Candlelight

Place: Lang Pioneer Village

Date/ Time: Dec 3 & 4th, Sat, Sun 6pm – 9pm

Description: Admission: Adult \$9, Student/Senior \$8, Youth (5-14) \$5, Under 5 Free. Family \$25 (includes 2 Adults, 4 youth) all taxes included. For more info visit www.langpioneervillage.ca

Special Event: Community Care 's Holiday Hams Fundraiser

Date/ Time: Order by November 30th

Description: Great gift! 2 kg Boneless Maple Leaf Ham, regular or Black Forest with less than 6% fat, gift boxed for \$25 dollars. Call 742-7067 to order.

Is your organization having a special event, fundraiser, silent auction or anything else that you would like the community to know about? Please submit the information to Shelley Giardino, Case Coordinator at csopeterboro@yahoo.ca or by fax 705-742-3015. Please allow 1- month notice in order to be added to the next edition.