



# COMMUNITY SERVICE ORDER NETWORKER

'Open your doors by helping adults and youths build confidence and skills'

JULY- 2007

## CSO STAFFING CHANGES ...WHO'S WHO

For those of you not already aware, Joanne Fulford has left the position of Program Manager after 7 productive years. Joanne's involvement in the justice field continues but now in the Durham Region. Joanne will be missed and we wish her all the best in her new endeavours!

Shelley Giardino, formerly Case Coordinator for the Community Service Order Program for the last six years, has now accepted the position of Program Manager.

Karyn Gimblett who joined the program in January 2007 to complete her Social Services Worker diploma through Sir Sandford Fleming College has accepted the position of Case Coordinator.

Sophia Ayala joins us as a summer student until the end of August and will be working with our placements and community to further develop the Community Service Order program.

We would like thank everyone for their patience and support during the transitional period!

# WELCOME

## TO OUR NEW COMMUNITY PARTNERS:

- Get Real Programs
- Hope Valley Day Camp
- Apsley Archery Club
- Art School of Peterborough
- Bandage International
- Canadian Mental Health Association
- Hospice Peterborough
- John Howard Society
- Kingswood Life Center
- New Beginnings Transition Center
- Open Door Food Program
- Peterborough County-City Health Unit
- PYS Get Outdoors Club
- ReStore
- St. Peter's Cemetery
- St. Stephen's Presbyterian Church
- Street Hoops Basketball
- Whitepath
- Youth Woodworking Shop

### Community Service Order Program

229 King Street

Peterborough, ON

K9J 2R8

Phone: Shelley Giardino Program Manager (705) 743-6376

Website: [www.ccrcc-ptbo.com](http://www.ccrcc-ptbo.com)

E-mail: [csopeterboro@yahoo.ca](mailto:csopeterboro@yahoo.ca)

**Thank you for your support!**

*If you know of any non-profit organizations that could benefit from the help of our clients within their agency or for special events or projects, please contact us.*

The CSO Networker is a newsletter of the Community Service Order Program of Community Counselling and Resource Centre. This program provides assessment, placement and supervision of adults and youths in conflict with the law in completing court-ordered community service hours within non-profit & tax-supported organizations. Through this newsletter, the CSO program will communicate with our 'placement agencies' (the groups & organizations that provide placements for CSO clients) about the program and what is happening within the placement agencies. Submissions with regard to placement services or events are welcome by contacting Karyn Gimblett by phone, fax or email. Please feel free to also share any success stories that you may have had through partnering with our Program.

## LET'S TALK ABOUT DEPRESSION

Depression is a symptom of a mood disorder that can be brought on by intense feelings of loss, sadness, hopelessness, failure, and rejection. The two major types of mood disorders are unipolar disorder, also called major depression, and bipolar disorder. Close to 40% of Canadians are likely to suffer from major depression at some time in their lives, more often women than men. Major depression can interfere significantly with daily activities and includes symptoms such as insomnia, irritability, weight loss or gain, and a lack of interest in outside events. The disorder may last several months or longer and can re-occur. Medical evidence suggests that depression may be connected to a chemical imbalance in the brain but there is always hope.

Be determined, seek help and check out resources in the community like the following:

- Community Counselling and Resource Centre  
742-4258
- Telecare 745-2273
- 4 County Crisis Response Team  
745-6484 or toll free 1-866-995-9933
- Canadian Mental Health Association  
748-6711
- Kinark Child and Family Services: 742-3803 or  
toll free 1-888-454-6275
- Kids Helpline: 1-800-668-6868
- Peterborough Regional Healthcare Centre  
743-2121
- Peterborough County -City Health Unit  
743-1000

### Helpful Hints

- 1) If you or another person is dealing with depression or related symptoms talk to a loved one, friend, family etc .
- 2) Don't ever think that you are alone or don't matter.
- 3) Let the person suffering from depression know that you are there for them and that they can come and talk to you.

### My Story

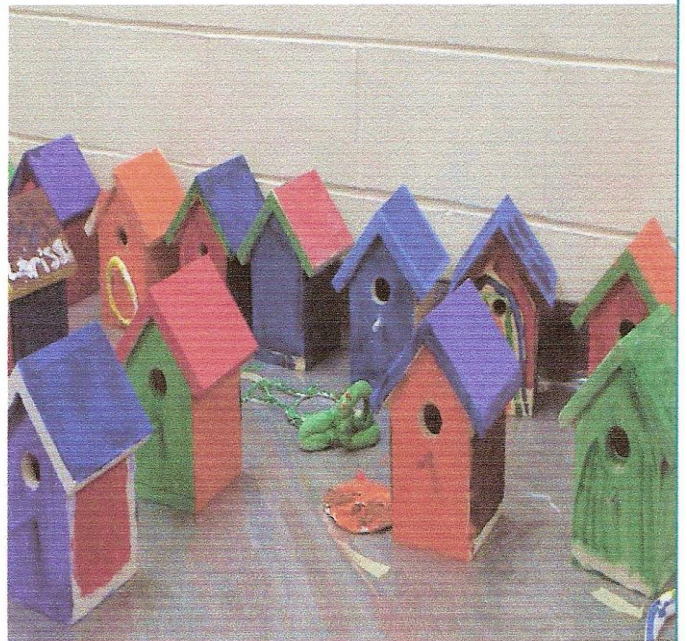
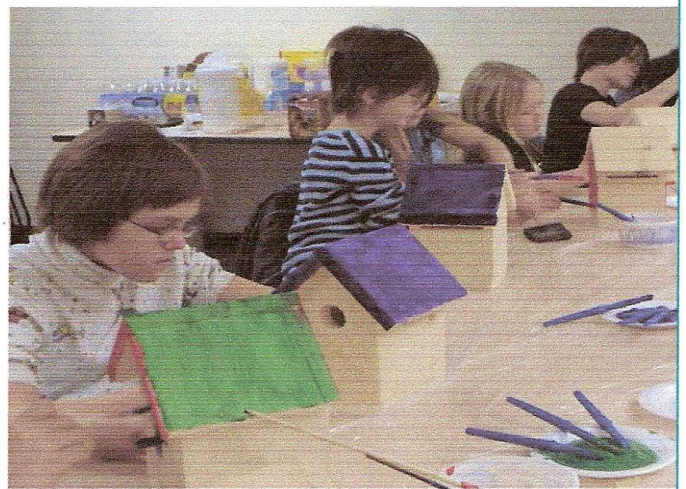
Depression has affected me personally. I coped by using local community resources and my personal support system such as my family, friends and my doctor. I am currently studying to be social worker, and I hope to make a difference in people's lives as others have done for me. Depression is not an easy battle but you can win and conquer it if you try.

*Submitted By A Community Service Order Client*



## WHAT ABOUT THOSE HOME PROJECTS?

**CSO HOME PROJECTS SUPPLIED TO PETERBOROUGH HOUSING SUPPORT & COMMUNITY LIVING CAMP WERE ENJOYED BY MANY LITTLE HANDS!**



If your organization could utilize some of our home projects, please contact us to discuss your specific needs. There are many talented clients with different skills and we will do our best to fill your request.

Clients completing Home Projects may be doing so due to their employment schedules, health, child care, restricted movement imposed by their court order or lack of suitable available placement in the community.

Home Projects can be used as fundraising items, used to support services or activities in non-profit organizations or as volunteer appreciation gifts.

**COMMUNITY PARTNERS**

Summer is in full bloom and staff at the Community Service Order Program just wanted to take this opportunity to thank all of our community partners for their support and dedication to helping youth and adults in conflict with the law! In 2006, 397 clients were referred to the program via the courts and probation and clients completed over 16,000 hours of community service at various non-profit organizations in Peterborough City and County.

With the help of our clients and community partners we continue to expand our services and look forward to your continued involvement and to the participation of new community organizations.

Helping turn things around...



**2006 STATS**

**CLIENTS**

|                        | ADULT | YOUTH | TOTAL |
|------------------------|-------|-------|-------|
| REFERRALS              | 271   | 126   | 397   |
| COMPLETED              | 195   | 68    | 263   |
| TRANSFERRED/INCOMPLETE | 19    | 7     | 26    |
| CHARGED                | 17    | 4     | 21    |
| ACTIVE AT YEAR END     | 161   | 91    | 252   |

**HOURS**

|                        | ADULT  | YOUTH  | TOTAL  |
|------------------------|--------|--------|--------|
| TOTAL HOURS ORDERED    | 14948  | 6742   | 21690  |
| TOTAL HOURS COMPLETED  | 12207  | 4036   | 16243  |
| RANGE OF HOURS ORDERED | 10-250 | 15-125 | 10-250 |

**TYPES OF CHARGES**

| CHARGES*                           | ADULT |
|------------------------------------|-------|
| THEFT UNDER                        | 65    |
| FAIL TO COMPLY - PROBATION         | 56    |
| ASSAULT                            | 44    |
| ALL OTHER OFFENCES                 | 317   |
| # OF CLIENTS WITH MULTIPLE CHARGES | 100   |
| RANGE OF MULTIPLE OFFENCES         | 1-16  |
| CHARGES*                           | YOUTH |
| FAIL TO COMPLY - SECTION 137 YCJA  | 63    |
| THEFT UNDER                        | 33    |
| FAIL TO COMPLY - UNDERTAKING       | 29    |
| ALL OTHER OFFENCES                 | 188   |
| # OF CLIENTS WITH MULTIPLE CHARGES | 70    |
| RANGE OF MULTIPLE CHARGES          | 1-10  |

\*Top 3 charges were ranked than all other offences were totaled.

**GOOD ADVICE TO COUNT ON...**

1. Give people more than they expect and do it cheerfully.
2. Don't believe all you hear, spend all you have or sleep all you want.
3. When you say, "I'm sorry," look the person in the eye.
4. Never laugh at anyone's dreams. People who don't have dreams don't have much.
5. In disagreements, fight fairly. No name-calling.
6. Don't judge people by their relatives.
7. Talk slowly but think quickly.
8. When someone asks you a question you don't want to answer, smile and ask, "Why do you want to know?"
9. Remember that great love and great achievements involve great risk.
10. When you lose, don't lose the lesson.
11. Remember the three R's: Respect for self; Respect for others; and Responsibility for all your actions.
12. Don't let a little dispute injure a great friendship.
13. When you realize you've made a mistake, take immediate steps to correct it.
14. Spend some time alone.

**UP-COMING EVENTS HOSTED BY OUR COMMUNITY PARTNERS:**

**Special Event:** Bereaved Families of Ontario Support and Share Meeting

**Date:** 3<sup>rd</sup> Wednesday of each month

**Contact:** 743-7233 to reserve a space

Ministry of Community Safety & Correctional Services & Ministry of Children & Youth Services  Ontario



*Is your organization having a special event, fundraiser, silent auction or anything else that you would like the community to know about? Please submit the information to Karyn Gimblett, Case Coordinator at [csopeterboro@yahoo.ca](mailto:csopeterboro@yahoo.ca) or by fax 705-742-3015. Please allow 1 month notice in order to be added to the next edition.*